

November 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pulled Pork Nachos,
Cheesy Refried Beans,
Fruit Cup

1

ES Cold Plate
Sun Butter & Jelly Sandwich
Fruit Cup, Pretzels

KFC Bowl
(breaded chicken, gravy,
mashed potatoes & corn),
Biscuit & Applesauce

2

ES Cold Plate:
Ham Roll Ups, String Cheese,
Crackers & Fruit

Pasta Alfredo w/ Broccoli
& Chicken, Caesar Salad, Fruit Cup,
Fresh Baked Dinner Roll,

3

ES Cold Plate:
Chicken Caesar Salad

In House Cheese Pizza,
Veggies & Ranch
Chocolate Chip Cookie

4

ES Cold Plate:
Turkey & Cheese Wrap,
Veggies & Ranch, Cookie

Ham & Cheese
Pretzel Sandwich,
Chips, Green Beans,
Pudding Cup

7

ES Cold Plate:
Tuna Salad Sandwich, Fruit Cup,
Pretzels

Beef Soft Tacos
Fiesta Rice & Beans,
Grapes, Cinnamon Churro

8

ES Cold Plate:
Ham & Cheese Wrap, Chips,
Grapes, Cinnamon Churro

Chicken Fried Rice,
Stir Fry Veggies, Mini Egg Roll,
Pineapple Chunks

9

ES Cold Plate:
Vanilla Greek Yogurt Cup,
Fresh Fruit & Pretzels

Broccoli Cheddar Soup,
Dinner Roll, Tossed Salad,
Homemade Apple Crisp

10

ES Cold Plate:
Turkey Roll Ups, Fresh Fruit,
String Cheese,

Pizza Burger, Chips,
Italian Salad,
Ice Cream Cup

11

ES Cold Plate:
Sun Butter & Jelly Sandwich,
Chips, Fruit Cup

Chicken Fajita Bowl
(Seasoned Chicken, Rice, Peppers),
Warm Flour Tortilla,
Fresh Fruit

14

ES Cold Plate:
Ham Sandwich, Chips, Fruit Cup

Baked Ziti Pasta,
Tossed Salad, Garlic Bread Stick,
Applesauce

15

ES Cold Plate:
Turkey Roll Ups, String Cheese,
Applesauce

Pulled Pork Sandwich,
Veggies & Ranch, Pretzels,
Ice Cream Cup

16

ES Cold Plate:
Turkey Wrap, Veggies & Ranch,
Pretzels, Ice Cream Cup

Friendsgiving Feast!

17

Crispy Chicken Leg,
Cornbread Stuffing & Gravy,
Green Beans, Cinnamon Apples
Pumpkin Pie Cake

Charger
McGriddle Sandwich,
Hash Brown Patty,
OJ Cup

18

ES Cold Plate:
Turkey Sandwich, Chips, Juice Cup

21

22

23

*Happy
Thanksgiving!*

24

25

No School – Thanksgiving Break

Hot Dog & Chips,
Baked Beans,
Fruit Cup

28

Grilled Cheese,
Chicken Noodle Soup,
Veggies & Ranch
Cinnamon Applesauce
ES Cold Plate:
Turkey Roll Ups, Veggies & Ranch,
Pretzels, Applesauce

29

Teriyaki Chicken Bowl
Mandarin Oranges,
Fortune Cookie

30

ES Cold Plate:
Sun Butter & Jelly Sandwich,
Mandarin Oranges, Pretzels

Please Note:

- Chocolate milk available every Friday
- Cold Plate option is available for elementary campus only
- Salad bar is for middle school campus only
- Gluten free bread available where necessary; please make note in comments when placing lunch order

